

**Online Resources that offer  
FREE  
Activities for Youth**

1. Table top Games (develop social skills through game play) - <https://www.Rolld20.com>
2. Daily drawing and writing videos presented by writer and illustrator Mo Willems - <https://www.kennedy-center.org/education/mo-willems/>
3. FREE Mindfulness Classes for K-5 aged kids - <https://www.mindfulschools.org/free-online-mindfulness-class-for-kids/>
4. Go Noodle for fun educational and movement activities with lots of music (make sure to sign on as a parent) - <https://www.gonoodle.com/>
5. Outschool offers up to \$50 worth of FREE live online classes for kids aged 3-18 - <https://www.outschool.com>
6. A parent resource website with multiple offerings for handling the school closures - <https://www.handinhandparenting.org>
7. Audible Bookstore is offering free audiobooks for children with no account needed - <https://stories.audible.com>
8. Over 30 Virtual Field Trips with Links - [https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGIkgE3iExmi3qh2KRRku\\_w/preview?fbclid=IwAR1Xe8tuduWLTN1TdwYuBCQZH230tWHX\\_zmB9ss4n3X5bptxaAbfTTzdoul&pru=AAABcQT61GA\\*UTVf28PwYxj1P9VewTfKZQ](https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGIkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR1Xe8tuduWLTN1TdwYuBCQZH230tWHX_zmB9ss4n3X5bptxaAbfTTzdoul&pru=AAABcQT61GA*UTVf28PwYxj1P9VewTfKZQ)
9. New England Aquarium virtual tours - <https://www.neaq.org/visit/at-home-events-and-activities>



See more resources at [www.okyouvegotthis.org](http://www.okyouvegotthis.org)